

P.E. Medium Term Plan Overview 2021-2022

1st lesson of each term – Sports Hall Athletics activity (Aim for a PBI Opportunities to improve during the year at break/lunch)

Sports Hall Athletics	Term 1 Javelin	Term 2 Speed Bounce	Term 3 Standing Long Jump	Term 4 Chest Push	Term 5 Standing Triple Jump	Term 6 Shuttle Run
Year R	Play	Balance	Coordination	Jumping	Agility	Target
Year 1 ASH	Agility (EYFS) Forest School	Coordination (EYFS) Football	Dance Tennis	Gymnastics Tag Rugby	Tri Golf Cricket	Infant Agility Rounders
Year 2 BEECH	Infant Agility (Year 1) Tag rugby	Gymnastics Tennis	Tri Golf Cricket	Football Infant Agility (Year 2)	Dance Rounders	Athletics (Sports day events practice) Forest School
Year 3 ROWAN	OAA Football	Dance Tag Rugby	Tennis Gymnastics	Cricket Multi Skills	Athletics Forest School	Hockey Netball
Year 4 WILLOW	Swimming Tennis	Swimming Gymnastics	Swimming OAA	Swimming Forest School	Multi Skills Swimming top-ups Dance	Athletics Swimming top-ups Netball
Year 5 MAPLE	Hockey OAA	Tag Rugby Multi Skills	Gymnastics Forest school	Netball Dance	Cricket Swimming top-ups Tennis	Rounders Swimming top-ups Athletics
Year 6 SYCAMORE	Multi Skills Football	Forest School Tri Golf	Dance Basketball	Gymnastics Badminton	Hockey Swimming top-ups Rounders	Swimming top-ups OAA @ Kingswood Athletics

Forest School = Led by external specialists