# **Online Parent**

## Workshops

NFIFT

**NHS Foundation Trust** 



Kent Emotional Wellbeing Teams Medway Emotional Support Teams

Aimed at parents of children in year 5 and 6

### Helping Your Child Move to Secondary School

Tuesday 23rd July 5.30-7.30pm

Is your child moving to secondary school? Would you like to come and meet with other parents and carers and learn about ways to support your child with this step in their lives?

You are invited to a workshop which thinks about how to prepare and support your child with this move. We will consider challenges and concerns and discuss techniques that you can use at home to help them feel ready for the move ahead.

If you would like to join, please ctrl + click the link below or by entering the Meeting ID and Passcode within Teams:

#### Join the meeting now

#### Meeting ID: 381 175 220 278

#### Passcode: UnwiTw

www.nelft.nhs.uk

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. If you require materials in another language or have any other access needs then please email:

#### EWTandESTenquiries@nelft.nhs.uk

We look forward to meeting you.