



Kent Emotional Wellbeing Teams  
Medway Emotional Support Teams

# Online Parent Workshops

Aimed at parents of children in primary school

## Understanding Your Child's Behaviour

19/01/2026 10:30 -12:30pm

\*Workshop timings change from term to term

Are you currently experiencing **difficulties with your child at home?** Would you like to come and **meet with other parents and carers** and learn about ways to **enjoy your time more with your child?**

You are invited to a **workshop about understanding and communicating with your child.** It will help you consider **factors which influence behaviour.** We also discuss **techniques that you can use at home** for behaviours that you feel are difficult to manage.

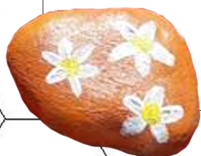
If you would like to join, please **ctrl + click the link below or scan the QR code:**



[Understanding Your Child's Behaviour](#) | [Meeting-Join](#) | [Microsoft Teams](#)

Our workshops are held on Microsoft Teams. You can create an account for free. You will need access to the internet. If you have any questions please speak to your child's school. Currently, this workshop is only available to parents/carers of children attending an EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email:

**[EWTandESTenquiries@nelft.nhs.uk](mailto:EWTandESTenquiries@nelft.nhs.uk)**



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