

LUNCH

Week 1



W/C 01/09, 22/09, 13/10, 03/11, 24/11, 15/12, 05/01, 26/01

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab (V)	Southern Baked Chicken & Wedges	Roast Chicken, with Roast Potatoes & Gravy	Pasta Bolognese with Garlic Bread	Chipolata Sausages with Chips
MAIN 2	Crispy Topped Cauliflower & Broccoli Bake (V)	Tasty Red Pepper & Bean Biryani (VE)	Hearty Quorn Roast, Roast Potatoes & Gravy	Curry Club Rainbow Jalfrezi & Naan (V)	Crispy Quorn Nuggets & Chips (VE)
VEG	Half Jacket & Vegetables (VE)	Fresh Broccoli (VE)	Carrots & Cabbage (VE)	Sweetcorn (VE)	Peas or Baked Beans (VE)
3RD OPTION	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings
DESSERT	Freshly Baked Chocolate Cookie (VE)	Plum Sponge Pudding & Custard (V)	Pear Upside- Down Pudding (V)	Fruity Jelly Pot (VE)	Lime & Coconut Cake (VE)
AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) (VE), flavoured yoghurts (V) as well as freshly baked bread (VE) & seasonal salad bar (VE). Third option includes vegan and vegetarian items.					

MENU KEY

V

Vegetarian

VE

Vegan and Planet Friendly

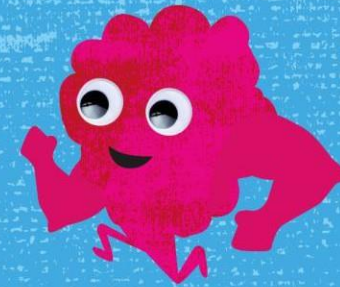
N

New Dish



LUNCH

Week 2



W/C 08/09, 29/09, 20/10, 10/11, 01/12, 12/01, 02/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Creamy Mac n Cheese (V)	Chicken Burger & Wedges	Roast Chicken & Roast Potatoes with Gravy	Sausage Penne Pasta Bake	Battered Fish & Chips
MAIN 2	Chickpea & Spinach Curry (V)	Southern Baked Halloumi Burger & Wedges (V)	Garden Fresh & Potato Pie with Roast Potatoes & Gravy (V)	Hearty Vegetable Sausage Pasta Bake (VE)	(N) Breakfast Wrap & Chips
VEG	Garlic Bread & Peas (VE)	Sweetcorn (VE)	Roast Carrots & Swede (VE)	New Potatoes & Broccoli (VE)	Carrots & Peas or Baked Beans (VE)
3RD OPTION	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings
DESSERT	Chocolate Cornflake Cake (VE)	Jelly Pot (V)	Ginger Cake (VE)	(N) Autumn Fruit Crumble & Custard (V)	Apple & Berry Traybake (V)
AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) (VE), flavoured yoghurts (V) as well as freshly baked bread (VE) & seasonal salad bar (VE). Third option includes vegan and vegetarian items.					

MENU KEY

V

Vegetarian

VE

Vegan and Planet Friendly

New Dish



LUNCH

Week 3



W/C 15/09, 06/10, 27/10, 17/11, 08/12, 19/01, 09/02

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN 1	Cheese & Tomato Pizza Slab (V)	BBQ Chicken & Rice,	Roast Chicken, Roast Potatoes with Gravy	Beef Burrito	Fish Fingers & Chips
MAIN 2	Creamy Leek & Cheese Pie (V)	Five Bean Chilli & Rice (VE)	Flaky Puff Pastry Wellington & Roast Potatoes	Sweet Potato Flatbread (V)	Jerk Hot Dog & Chips (VE)
VEG	Wedges & Sweetcorn (VE)	Roasted Cauliflower (VE)	Savoy Cabbage & Roasted Squash (VE)	Focaccia & Green Beans (VE)	Peas or Baked Beans (VE)
3RD OPTION	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings	Jacket Potato with a choice of toppings
DESSERT	Apple & Cinnamon Flapjack (VE)	(N) Chocolate Mousse (V)	(N) Pear & Ginger Cake (VE)	Ice Cream (V)	Freshly Baked Vanilla Cookie (VE)
AVAILABLE DAILY: A selection of fresh seasonal fruit (cut or whole) (VE), flavoured yoghurts (V) as well as freshly baked bread (VE) & seasonal salad bar (VE). Third option includes vegan and vegetarian items.					

MENU KEY

V

Vegetarian

VE

Vegan and Planet Friendly

N

New Dish

